

Clinical Condition

Height: 167 (cm) Weight: 68 (kg)
 Pulse rate: 78 / (minute) Rhythm: REGULAR
 Blood pressure: Systolic: 130 (mm Hg) Diastolic: 80 (mm Hg)
 Urinalysis: Glucose: NIL Protein: NIL Blood: NIL

| Visual acuity | | | | | | |
|---------------|------------|------------|------------|-----------|----------|-----------|
| | Unaided | | | Aided | | |
| | Right eye | Left eye | Binocular | Right eye | Left eye | Binocular |
| Distant | <u>6/6</u> | <u>6/6</u> | <u>6/6</u> | | | |
| Near | <u>✓</u> | <u>✓</u> | <u>✓</u> | | | |

| Visual fields | | |
|------------------------------|----------|-----------|
| | Normal | Defective |
| Right eye | <u>✓</u> | |
| Left eye | <u>✓</u> | |
| Colour Vision: <u>NORMAL</u> | | |

| Hearing without aid | Normal | Normal speech at a distance of 4m | Otoscopy (Tympanic membrane) | Hearing with aid | Normal | Normal speech at a distance of 4m |
|---------------------|----------|-----------------------------------|------------------------------|------------------|----------|-----------------------------------|
| Right ear | <u>✓</u> | | | Right ear | <u>✓</u> | |
| Left ear | <u>✓</u> | | | Left ear | <u>✓</u> | |

| | Normal | Abnormal | | Normal | Abnormal |
|-------------------------------|----------|----------|------------------------------|----------|----------|
| Head | <u>✓</u> | | Varicose veins | <u>✓</u> | |
| Sinuses, nose, throat | <u>✓</u> | | Vascular (inc. pedal pulses) | <u>✓</u> | |
| Mouth/teeth | <u>✓</u> | | Abdomen and viscera | <u>✓</u> | |
| Ears (general) | <u>✓</u> | | Hernia | <u>✓</u> | |
| Eyes | <u>✓</u> | | Anus (not rectal exam) | <u>✓</u> | |
| Ophthalmoscopy | <u>✓</u> | | G-U system | <u>✓</u> | |
| Pupils | <u>✓</u> | | Upper and lower extremities | <u>✓</u> | |
| Eye movement | <u>✓</u> | | Spine (C/S, T/S and L/S) | <u>✓</u> | |
| Lungs and chest | <u>✓</u> | | Neurologic (full/brief) | <u>✓</u> | |
| Breast examination <u>N/A</u> | | | Psychiatric | <u>✓</u> | |
| Heart | <u>✓</u> | | General appearance | <u>✓</u> | |
| Skin | <u>✓</u> | | Chest X-ray | <u>✓</u> | |

| Other diagnostics Tests and results | |
|-------------------------------------|---------------------|
| Test | Result |
| ECG | <u>NORMAL</u> |
| HIV | <u>NEGATIVE</u> |
| VDRL | <u>NON-REACTIVE</u> |

| | Yes | No |
|------------------------|----------|----|
| FIT for look out duty | <u>✓</u> | |
| FIT for service at sea | <u>✓</u> | |

If No, please state the reason:

Fit For Duty on Board Ship

If the fitness is conditional, state limitations in regards to

| | | |
|---------|------------------|-----------------|
| a) Time | b) Field of work | c) Trading area |
|---------|------------------|-----------------|

The seafarer is free from any medical condition likely to be aggravated by service at sea or to render the seafarer unfit from such service or to endanger to health or other person on-board.

Place of Examination: CHATTogram.

Name of Approved Medical Examiner: DR. MD. AYUBUR RAHMAN

Signature of Approved Medical Examiner: [Signature]

Validity of certificate: 2 years from the date of issue, except for person below 18 years on the date of medical examination where this certificate is valid for 1 year from the date of issue. (For person serving on Hong Kong flag vessels and above 18 years of age on the date of medical checkup, this certificate is valid for 1 year from the date of issue.)

The above medical Examiner is approved by: _____ (Competent Authority)

DR. MD. Ayubur Rahman
 M.B.B.S, P.G.T (Medicine)
 Taher Chamber,
 10, Agrabad C/A, Chittagong
 BMDC Reg No: A-11820
 AND APPROVED BY
 Govt. of Bangladesh
 Date of issue (day/month/year) 18 JUL 2022

VALID FOR TWO YEARS

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