

Clinical Condition

Height: _____ (cm) Weight: _____ (kg)
 Pulse rate: _____/(minute) Rhythm: _____
 Blood pressure: Systolic: _____ (mm Hg) Diastolic: _____ (mm Hg)
 Urinalysis: Glucose: _____ Protein: _____ Blood: _____

Visual acuity						
	Unaided			Aided		
	Right eye	Left eye	Binocular	Right eye	Left eye	Binocular
Distant	6/9	6/9	6/9	6/6	6/6	6/6
Near	✓	✓	✓	✓	✓	✓

Visual fields		
	Normal	Defective
Right eye		
Left eye		
Colour Vision: _____		

Hearing without aid	Normal	Normal speech at a distance of 4m	Otосcopy (Tympanic membrane)	Hearing with aid	Normal	Normal speech at a distance of 4m
Right ear				Right ear		
Left ear				Left ear		

	Normal	Abnormal		Normal	Abnormal
Head			Varicose veins		
Sinuses, nose, throat			Vascular (inc. pedal pulses)		
Mouth/teeth			Abdomen and viscera		
Ears (general)			Hernia		
Eyes			Anus (not rectal exam)		
Ophthalmoscopy			G-U system		
Pupils			Upper and lower extremities		
Eye movement			Spine (C/S, T/S and L/S)		
Lungs and chest			Neurologic (full/brief)		
Breast examination			Psychiatric		
Heart			General appearance		
Skin			Chest X-ray		

Other diagnostics Tests and results	
Test	Result
ECG	<i>NORMAL</i>
HIV	<i>NEGATIVE.</i>
VDRL	<i>NON-REACTIVE.</i>

	Yes	No
FIT for look out duty	✓	
FIT for service at sea	✓	

If No, please state the reason:
Fit For Duty on Board Ship

If the fitness is conditional, state limitations in regards to
 a) Time
 b) Field of work
 c) Trading area

The seafarer is free from any medical condition likely to be aggravated by service at sea or to render the seafarer unfit for such service or to endanger himself or another person on-board.

Place of Examination: *CHATTOGRAM.*
 Name of Approved Medical Examiner: *DR. MD. AYUBUR RAHMAN.*
 Signature of Approved Medical Examiner: *[Signature]*
 Validity of certificate: 2 years from the date of issue for a person below 18 years on the date of medical examination where this certificate is valid for 1 year from the date of issue. (For person serving on Hong Kong flag vessels and above 18 years on the date of medical checkup, this certificate is valid for 1 year from the date of issue.)

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AND APPROVED BY
Official Seal: DG Shipping
Govt. of Bangladesh
VALID FOR TWO YEARS
 Date of issue (day/month/year) **17 JUL 2022**

The above medical Examiner is approved by: _____ (Competent Authority)