

**Clinical Condition**

Height: 57 (cm) Weight: 82 (kg)  
 Pulse rate: 84 / (minute) Rhythm: REGULAR  
 Blood pressure: Systolic: 130 (mm Hg) Diastolic: 80 (mm Hg)  
 Urinalysis: Glucose: NIL Protein: NU Blood: NU

Visual acuity						
	Unaided			Aided		
	Right eye	Left eye	Binocular	Right eye	Left eye	Binocular
Distant	<u>6/6</u>	<u>6/6</u>	<u>6/6</u>			
Near	<u>✓</u>	<u>✓</u>	<u>✓</u>			

Visual fields		
	Normal	Defective
Right eye	<u>✓</u>	
Left eye	<u>✓</u>	
Colour Vision: <u>NORMAL</u>		

Hearing without aid	Normal	Normal speech at a distance of 4m	Otoscopy (Tympanic membrane)	Hearing with aid	Normal	Normal speech at a distance of 4m
Right ear	<u>✓</u>			Right ear	<u>✓</u>	
Left ear	<u>✓</u>			Left ear	<u>✓</u>	

	Normal	Abnormal		Normal	Abnormal
Head	<u>✓</u>		Varicose veins	<u>✓</u>	
Sinuses, nose, throat	<u>✓</u>		Vascular (inc. pedal pulses)	<u>✓</u>	
Mouth/teeth	<u>✓</u>		Abdomen and viscera	<u>✓</u>	
Ears (general)	<u>✓</u>		Hernia	<u>✓</u>	
Eyes	<u>✓</u>		Anus (not rectal exam)	<u>✓</u>	
Ophthalmoscopy	<u>✓</u>		G-U system	<u>✓</u>	
Pupils	<u>✓</u>		Upper and lower extremities	<u>✓</u>	
Eye movement	<u>✓</u>		Spine (C/S, T/S and L/S)	<u>✓</u>	
Lungs and chest	<u>✓</u>		Neurologic (full/brief)	<u>✓</u>	
Breast examination <u>N/A</u>	<u>✓</u>		Psychiatric	<u>✓</u>	
Heart	<u>✓</u>		General appearance	<u>✓</u>	
Skin	<u>✓</u>		Chest X-ray	<u>✓</u>	

Other diagnostics Tests and results	
Test	Result
ECG	<u>NORMAL</u>
HIV	<u>NEGATIVE</u>
VDRL	<u>NON-REACTIVE</u>

	Yes	No
FIT for look out duty	<u>✓</u>	
FIT for service at sea	<u>✓</u>	

If No, please state the reason:

If the fitness is conditional, state limitations in regards to		
a) Time	b) Field of work	c) Trading area

The seafarer is free from any medical condition likely to be aggravated by service at sea or to render the seafarer unfit from such service or to endanger his health or other person on-board.

Place of Examination: CHATTGRAM  
 Name of Approved Medical Examiner: DR. MD. AYUBUR RAHMAN

Signature of Approved Medical Examiner: [Signature] **VALID FOR TWO YEARS** Official stamp:  Date of issue (day/month/year) 29, NOV 2020

Validity of certificate: 2 years from the date of issue, except for persons below 18 years on the date of medical examination where this certificate is valid for 1 year from the date of issue. (For person serving on Hong Kong flag vessels and above 55 years in age on the date of medical checkup, this certificate is valid for 1 year from the date of issue.)

The above medical Examiner is approved by: \_\_\_\_\_ (Competent Authority)