

	<b>NAAF MARINE SERVICES</b>	NMS/F-04	Date	1 July 2012
	<b>TITLE: - PRE-JOINING MEDICAL EXAMINATION REPORT/CERTIFICATE</b>		Issue No	00
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Appendix 1  
Medical Exam Form  
**CONFIDENTIAL FORM**

**Sight**

Use of glasses or contact lenses: Yes / No (if yes, specify which type and for what purpose)

	Visual acuity					
	Unaided			Aided		
	Right eye	Left eye	Binocular	Right eye	Left eye	Binocular
Distant	✓	✓	✓			
Near	✓	✓	✓			

	Visual fields	
	Normal	Defective
Right eye	✓	
Left eye	✓	

**Color vision:** ☐ Not tested ☒ Normal ☐ Doubtful ☐ Defective

**Hearing**

	Pure tone and audio metry (threshold values in dB)					
	500 Hz	4,000 Hz	2,000 Hz	3,000 Hz	4,000 Hz	6,000 Hz
Right ear	✓	✓	✓	✓	✓	✓
Left ear	✓	✓	✓	✓	✓	✓

Speech and whisper test (metres)

	Normal	Whisper
Right ear	✓	✓
Left ear	✓	✓

Height: 173 (cm)

Weight: 74 (kg)

Pulse rate: 62 (/minute)

Rhythm: Regular

Blood pressure: Systolic: 125 (mm Hg)

Diastolic: 75 (mm Hg)

Urinalysis: Glucose: Nil

Protein: Nil

	Normal	Abnormal
Head	✓	<input type="checkbox"/>
Sinuses, nose, throat	✓	<input type="checkbox"/>
Mouth/teeth	✓	<input type="checkbox"/>
Ears (general)	✓	<input type="checkbox"/>
Tympanic membrane	✓	<input type="checkbox"/>
Eyes	✓	<input type="checkbox"/>
Ophthalmoscopy	✓	<input type="checkbox"/>
Pupils	✓	<input type="checkbox"/>
Eye movement	✓	<input type="checkbox"/>
Lungs and chest	✓	<input type="checkbox"/>
Breast examination <u>N/A</u>	<input type="checkbox"/>	<input type="checkbox"/>
Heart	✓	<input type="checkbox"/>

	Normal	Abnormal
Skin	✓	<input type="checkbox"/>
Varicose veins	✓	<input type="checkbox"/>
Vascular (inc. pedal pulses)	✓	<input type="checkbox"/>
Abdomen and viscera	✓	<input type="checkbox"/>
Hernia	✓	<input type="checkbox"/>
Anus (not rectal exam.)	✓	<input type="checkbox"/>
G-U system	✓	<input type="checkbox"/>
Upper and lower extremities	✓	<input type="checkbox"/>
Spine (C/S, T/S and L/S)	✓	<input type="checkbox"/>
Neurologic (full brief)	✓	<input type="checkbox"/>
Psychiatric	✓	<input type="checkbox"/>
General appearance	✓	<input type="checkbox"/>

Chest X-ray: ☐ Not performed ☒ Performed on (day/month/year): 02/MAY 2023

Results: Normal & Clear

**(CONTROLLED DOCUMENT)**

Quality Manual: Naaf Marine Services, Chittagong, Bangladesh: July 2012