



NAAF MARINE SERVICES

NMS/F-04

Date

1 July 2012

TITLE:- PRE-JOINING MEDICAL EXAMINATION  
REPORT/CERTIFICATE

Issue No

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Appendix I  
Medical Exam Form  
CONFIDENTIAL FORM

## Sight

Use of glasses or contact lenses: Yes / No (if yes, specify which type and for what purpose)

	Visual acuity					
	Unaided			Aided		
	Right eye	Left eye	Binocular	Right eye	Left eye	Binocular
Distant	6/9	6/9	6/9	6/6	6/6	6/6
Near	✓	✓	✓	✓	✓	✓

	Visual fields	
	Normal	Defective
Right eye	✓	
Left eye	✓	

Color vision:

☐ Not tested☒ Normal☐ Doubtful☐ Defective

## Hearing

Pure tone and audio metry (threshold values in dB)

	500 Hz	4,000 Hz	2,000 Hz	3,000 Hz	4,000 Hz	6,000 Hz
Right ear	✓	✓	✓	✓	✓	✓
Left ear	✓	✓	✓	✓	✓	✓

Speech and whisper test (metres)

	Normal	Whisper
Right ear	✓	✓
Left ear	✓	✓

Height: 165 (cm)

Weight: 67 (kg)

Pulse rate: 88 (/minute)

Rhythm: REGULAR

Blood pressure: Systolic: 140 (mm Hg) Diastolic: 90 (mm Hg)

Urinalysis: Glucose: NIL Protein: NIL

	Normal	Abnormal		Normal	Abnormal
Head	✓	<input type="checkbox"/>	Skin	✓	<input type="checkbox"/>
Sinuses, nose, throat	✓	<input type="checkbox"/>	Varicose veins	✓	<input type="checkbox"/>
Mouth/teeth	✓	<input type="checkbox"/>	Vascular (inc. pedal pulses)	✓	<input type="checkbox"/>
Ears (general)	✓	<input type="checkbox"/>	Abdomen and viscera	✓	<input type="checkbox"/>
Tympanic membrane	✓	<input type="checkbox"/>	Hernia	✓	<input type="checkbox"/>
Eyes	✓	<input type="checkbox"/>	Anus (not rectal exam.)	✓	<input type="checkbox"/>
Ophthalmoscopy	✓	<input type="checkbox"/>	G-U system	✓	<input type="checkbox"/>
Pupils	✓	<input type="checkbox"/>	Upper and lower extremities	✓	<input type="checkbox"/>
Eye movement	✓	<input type="checkbox"/>	Spine (C/S, T/S and L/S)	✓	<input type="checkbox"/>
Lungs and chest	✓	<input type="checkbox"/>	Neurologic (full brief)	✓	<input type="checkbox"/>
Breast examination N/A	<input type="checkbox"/>	<input type="checkbox"/>	Psychiatric	✓	<input type="checkbox"/>
Heart	✓	<input type="checkbox"/>	General appearance	✓	<input type="checkbox"/>

Chest X-ray: ☐ Not performed ☒ Performed on (day/month/year): 01 FEB 2023

Results: NORMAL &amp; CLEAR