

**Part B – Result of Medical Examinations**

**EYESIGHT:** Use of glasses or contact lenses  No  Yes Type Purpose

**VISUAL ACUITY**

Unaided			Unaided			VISUAL FIELDS	
Right eye	Left eye	Binocular	Right eye	Left eye	Binocular	Right eye	Normal
Distant 6/9	6/9	6/9	Distant 6/6	6/6	6/6	Left eye	✓
Near ✓	✓	✓	Near 2	4	✓		

**COLOUR VISION (Please tick)**  
Type of Test (Please specify): NORMAL  
 Not tested  Normal  Doubtful  Defective

**CLINICAL FINDINGS**  
Height (cm) 173 CM Weight (kg) 78 KG BMI 26.0  
Pulse rate (per minute) 72 Rhythm REGULAR  
Blood Pressure systolic (mm Hg) 130 Diastolic (mm Hg) 80  
Urinalysis: Glucose: NIL Protein: NIL Blood: NIL

**HEARING**  
Pure tone and audiometry (threshold values in dB)

	500 Hz	1,000 Hz	2,000 Hz	3,000 Hz	Speech and Whisper Test (metres)	
					Normal	Whisper
Right ear	✓	✓	✓	✓	Right ear ✓	Whisper ✓
Left ear	✓	✓	✓	✓	Left ear ✓	Whisper ✓

	Normal	Abnormal		Normal	Abnormal	Normal	Abnormal
Head	✓		Eye movement	✓		Hernia	✓
Sinus, nose, throat	✓		Lungs and chest	✓		Anus (not rectal exam)	✓
Mouth / teeth / oral cavity	✓		Breast examination <u>N/A</u>			G-U system	✓
Ears (general)	✓		Heart	✓		Upper and lower extremities	✓
Tympanic membrane	✓		Skin	✓		Spine (C/C, T/S, L/S)	✓
Eyes	✓		Varicose Vein	✓		Neurologic (full/brief)	✓
Ophthalmoscopy	✓		Vascular (inc. pedal pulse)	✓		Psychiatric	✓
Pupils	✓		Abdomen and viscera	✓		General appearance	✓

**CHEST X-RAY**  
 Not performed  Performed on (day/month/year): 24 APR 2024  
Results: NORMAL & CLEAR

**TREADMILL TEST (45 YEARS OLD & ABOVE)**  
NORMAL

**Part C – Investigations**

Hepatitis B <sup>1</sup> HB (ab)  +ve  -ve HB (ag)  +ve  -ve

Bacteriological stool test <sup>2</sup>  not performed  negative  positive

Parasitological stool test <sup>3</sup>  not performed  negative  positive

ECG <sup>4</sup> NORMAL

<sup>1</sup> required by the Company for all crew from endemic areas  
<sup>2</sup> required by the Company for all food handlers  
<sup>3</sup> required by the Company for all food handlers from tropical climates  
<sup>4</sup> compulsory

Blood	Result	Normal
Hemoglobin	<u>14.8%</u> gms/dl	13.5 – 18.0 gms/dl
Total WBC count	<u>9.200</u> cells / cu.mm	4000 – 10000 / cu.mm
ESR	<u>10</u> mm	Up to 15mm
Blood Sugar (FBS)	<u>112.0</u> mg/dl	80 – 140 mg/dl
HIV <sup>2</sup> (+ve or -ve)	<u>NEGATIVE</u>	
VDRL	<u>NON-REACTIVE</u>	
Others	<u>NORMAL</u>	
Blood Group		


**Spirometry**  
 Normal  With Finding

**USG Abdomen**  
 Normal  With Finding

**Creatine Test**  
 Normal  With Finding

**Pregnancy Test** N/A  
 Normal  With Finding

**Kidney Test**  
 Normal  With Finding



**Assessment of Fitness for service at sea: (please tick)**  
On the basis of the seafarer's personal declaration, my clinical examination and diagnostic test results recorded above, I declare the seafarer medically:

Fit for look out duty  Unfit for lookout duty  
 Visual aid required  Visual aid not required  
 Without restrictions  With restrictions

Description of restrictions (e.g. specific position, type of ship, trading area etc.)  
**NO RESTRICTIONS**

	Deck Service	Engine Service ✓	Catering Service	Other service
Fit		<u>ETO</u>		
Unfit				

**Fit For Duty on Board Ship**

24 APR 2024

Date of Issue

VALID FOR TWO YEARS

Signature of Medical Practitioner  
**DR. MD. Ayubur Rahman**  
M.B.B.S., P.G.T (Medicine)  
Taher Chamber,  
10, Agrabad C/A, Chittagong  
BMDC Reg. No. A-11820

DR. MD. Ayubur Rahman  
M.B.B.S., P.G.T (Medicine)  
Taher Chamber,  
10 Agrabad C/A, Chittagong  
BMDC Reg. No. A-11820  
AND APPROVED BY  
Govt. of Bangladesh

SEAL

This medical certificate shall remain valid for a maximum period of two years unless the seafarer is under the age of 18 or sailing on a Japanese Flag vessel, in which case the maximum period of validity shall be one year.

