

Part B – Result of Medical Examinations**EYESIGHT:**

No

Yes

Type

Purpose

VISUAL ACUITY

Unaided			Aided			VISUAL FIELDS		
Right eye	Left eye	Binocular	Right eye	Left eye	Binocular	Right eye	Normal	Defective
Distant 6/9	6/9	6/9	Distant 6/6	6/6	6/6	Right eye	✓	
Near ✓	✓	✓	Near ✓	✓	✓	Left eye	✓	

COLOUR VISION (Please tick)

Type of Test (Please specify):

NORMAL

Not tested ☒ Normal ☐ Doubtful ☐ Defective**CLINICAL FINDINGS** (* TMT to be done if BMI > 28)

Height (cm)	170	Weight (kg)	78	BMI *	26.9
Pulse rate (per minute)	72	Rhythm	REGULAR		
Blood Pressure systolic (mm Hg)	125	Diastolic (mm Hg)	80		
Urinalysis: Glucose:	NIL	Protein:	NIL	Blood:	NIL

HEARING

Pure tone and audiometry (threshold values in dB)

Speech and Whisper Test (metres)

	500 Hz	1,000 Hz	2,000 Hz	3,000 Hz		Normal	Whisper
Right ear	✓	✓	✓	✓	Right ear	✓	✓
Left ear	✓	✓	✓	✓	Left ear	✓	✓

	Normal	Abnormal		Normal	Abnormal		Normal	Abnormal
Head	✓		Eye movement	✓		Hernia	✓	
Sinus, nose, throat	✓		Lungs and chest	✓		Anus (not rectal exam)	✓	
Mouth / teeth / oral cavity	✓		Breast examination N/A			G-U system	✓	
Ears (general)	✓		Heart	✓		Upper and lower	✓	
Tympanic membrane	✓		Skin	✓		Spine (C/C, T/S, L/S)	✓	
Eyes	✓		Varicose Vein	✓		Neurologic (full/brief)	✓	
Ophthalmoscopy	✓		Vascular (inc. pedal pulse)	✓		Psychiatric	✓	
Pupils	✓		Abdomen and viscera	✓		General appearance	✓	

CHEST X-RAY

Not performed

Performed on (day/month/year):

25 MAR 2022

Results: NORMAL & CLEAR

TREADMILL TEST (45 YEARS OLD & ABOVE OR BMI > 28)

NORMAL

Part C – Investigations

Hepatitis B *1	HB (ab)	+ve	✓	-ve	HB (ag)	+ve	-ve
Bacteriological stool test *2	not performed			negative	positive		
Parasitological stool test *3	not performed			negative	positive		

ECG *4

NORMAL

*1 required by the Company for all crew from endemic areas

*2 required by the Company for all food handlers

*3 required by the Company for all food handlers from tropical climates

*4 compulsory

Blood	Result	Normal
Hemoglobin	15.2 gms/dl	13.5 – 18.0 gms/dl
Total WBC count	8,600 cells / cu.mm	4000 – 10000 / cu.mm
ESR	12 mm	Up to 15mm
Blood Sugar (FBS)	122.0 mg/dl	80 – 140 mg/dl
HIV *2 (+ve or -ve)	-VE	
VDRL	NON-REACTIVE	
Others	NORMAL	
Blood Group		

Spirometry

Normal With Finding

USG Abdomen

Normal With Finding

Creatine Test

Normal With Finding

Pregnancy Test

Normal With Finding

Kidney Test

Normal With Finding

Assessment of Fitness for service at sea: (please tick)

On the basis of the seafarer's personal declaration, my clinical examination and diagnostic test results recorded above, I declare the seafarer medically:

☒ Fit for look out duty
☒ Visual aid required
☒ Without restrictions

☐ Unfit for lookout duty
☐ Visual aid not required
☐ With restrictions

Deck Service	Engine Service	Catering Service	Other service
✓ Fit MASTER			
Unfit			

Fit For Duty on Board Ship

Description of restrictions (e.g. specific position, type of ship, trading area etc.)

25 MAR 2022

Date of Issue

Signature of Medical Practitioner

DR. MD. AYUBUR RAHMAN
 M.B.B.S. P.G.T (Medicine)
 Taher Chamber

Medical Certificate Number
 Regn. No. A-11820

DR. MD. Ayubur Rahman
 M.B.B.S. P.G.T (Medicine)
 Taher Chamber,
 Aggabad C/A, Chittagong
 BNGC, Regn. No. A-11820
 AND APPROVED BY
 DG Shipping
 Govt. of Bangladesh

VALID FOR TWO YEARS

This medical certificate shall remain valid for a maximum period of two years unless the seafarer is under the age of 18 or sailing on a Japanese Flag vessel, in which case the maximum period of validity shall be one year.