

Part B – Result of Medical Examinations**EYESIGHT:**No ☒

Yes

Type

Purpose

Use of glasses or contact lenses

VISUAL ACUITY

Unaided			Aided			VISUAL FIELDS		
Right eye	Left eye	Binocular	Right eye	Left eye	Binocular	Right eye	Normal	Defective
Distant 6/6	6/6	6/6	Distant			Right eye	<input checked="" type="checkbox"/>	
Near			Near			Left eye	<input checked="" type="checkbox"/>	

COLOUR VISION (Please tick)

Type of Test (Please specify):

Not tested ☒ Normal ☐ Doubtful ☐ Defective**CLINICAL FINDINGS** (* TMT to be done if BMI > 28)

Height (cm)	172	Weight (kg)	80	BMI *	27.1
Pulse rate (per minute)	84	Rhythm	REGULAR		
Blood Pressure systolic (mm Hg)	125	Diastolic (mm Hg)	80		
Urinalysis: Glucose:	NIL	Protein:	NIL	Blood:	NIL

HEARING

Pure tone and audiometry (threshold values in dB)

Speech and Whisper Test (metres)

	500 Hz	1,000 Hz	2,000 Hz	3,000 Hz		Normal	Whisper
Right ear	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Right ear	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>
Left ear	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>	Left ear	<input checked="" type="checkbox"/>	<input checked="" type="checkbox"/>

	Normal	Abnormal		Normal	Abnormal		Normal	Abnormal
Head	<input checked="" type="checkbox"/>		Eye movement	<input checked="" type="checkbox"/>		Hernia	<input checked="" type="checkbox"/>	
Sinus, nose, throat	<input checked="" type="checkbox"/>		Lungs and chest	<input checked="" type="checkbox"/>		Anus (not rectal exam)	<input checked="" type="checkbox"/>	
Mouth / teeth / oral cavity	<input checked="" type="checkbox"/>		Breast examination N/A			G-U system	<input checked="" type="checkbox"/>	
Ears (general)	<input checked="" type="checkbox"/>		Heart	<input checked="" type="checkbox"/>		Upper and lower	<input checked="" type="checkbox"/>	
Tympanic membrane	<input checked="" type="checkbox"/>		Skin	<input checked="" type="checkbox"/>		Spine (C/C, T/S, L/S)	<input checked="" type="checkbox"/>	
Eyes	<input checked="" type="checkbox"/>		Varicose Vein	<input checked="" type="checkbox"/>		Neurologic (full/brief)	<input checked="" type="checkbox"/>	
Ophthalmoscopy	<input checked="" type="checkbox"/>		Vascular (inc. pedal pulse)	<input checked="" type="checkbox"/>		Psychiatric	<input checked="" type="checkbox"/>	
Pupils	<input checked="" type="checkbox"/>		Abdomen and viscera	<input checked="" type="checkbox"/>		General appearance	<input checked="" type="checkbox"/>	

CHEST X-RAYNot performed ☐ Performed on (day/month/year):

17 JAN 2022

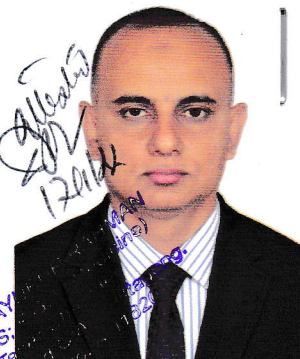
Results: NORMAL & CLEAR

TREADMILL TEST (45 YEARS OLD & ABOVE OR BMI > 28)

NORMAL

Part C – Investigations

Hepatitis B *1	HB (ab)	+ve	-ve	HB (ag)	+ve	-ve
Bacteriological stool test *2	not performed		<input checked="" type="checkbox"/> Negative	positive		
Parasitological stool test *3	not performed		<input checked="" type="checkbox"/> Negative	positive		
ECG *4						
*1 required by the Company for all crew from endemic areas *2 required by the Company for all food handlers *3 required by the Company for all food handlers from tropical climates *4 compulsory						
Blood	Result	Normal				
Hemoglobin	15.2 gms/dl	13.5 – 18.0 gms/dl				
Total WBC count	8.600 cells / cu.mm	4000 – 10000 / cu.mm				
ESR	10 mm	Up to 15mm				
Blood Sugar (FBS) RAS	120.0 mg/dl	80 – 140 mg/dl				
HIV *2 (+ve or -ve)	NEGATIVE					
VDRL	NON-REACTIVE					
Others	NORMAL					
Blood Group	-					

SpirometryNormal ☒ With Finding**USG Abdomen**Normal ☒ With Finding**Creatine Test**Normal ☒ With Finding**Pregnancy Test**Normal ☒ With Finding**Kidney Test**Normal ☒ With Finding

DR. MD. AYUBUR RAHMAN
M.B.B.S., P.G.T (Medicine)
Taher Chamber,
Agrabad C/A, Chittagong
BMC Regn. No. A-11820
10, Agrabad C/A, Chittagong
Regn. No. A-11820

Assessment of Fitness for service at sea: (please tick)

On the basis of the seafarer's personal declaration, my clinical examination and diagnostic test results recorded above, I declare the seafarer medically:

☒ Fit for look out duty
☐ Unfit for lookout duty
☒ Visual aid required
☐ Visual aid not required
☒ Without restrictions
☐ With restrictions

	Deck Service	Engine Service	Catering Service	Other service
Fit	<input checked="" type="checkbox"/> MASTER			
Unfit				

Fit For Duty on Board Ship

Description of restrictions (e.g. specific position, type of ship, trading area etc.)

17 JAN 2022

Date of Issue

Signature of Medical Practitioner

DR. MD. AYUBUR RAHMAN
M.B.B.S., P.G.T (Medicine)
Taher Chamber
10, Agrabad C/A, Chittagong.
Regn. No. A-11820
Medical Certificate Number

DR. MD. Ayubur Rahman
M.B.B.S., P.G.T (Medicine)
Taher Chamber,
Agrabad C/A, Chittagong
BMC Regn. No. A-11820
AND APPROVED
DG Shipping
Govt. of Bangladesh

VALID FOR TWO YEARS

This medical certificate shall remain valid for a maximum period of two years unless the seafarer is under the age of 18 or sailing on a Japanese Flag vessel, in which case the maximum period of validity shall be one year.