

<b>Part B – Result of Medical Examinations</b>											
<b>EYESIGHT:</b>		Yes		Type		Purpose					
No											
Use of glasses or contact lenses											
<b>VISUAL ACUITY</b>						<b>VISUAL FIELDS</b>					
<b>Unaided</b>			<b>Aided</b>					<b>Normal</b>	<b>Defective</b>		
Right eye	Left eye	Binocular	Right eye	Left eye	Binocular	Right eye	✓				
Distant 6/6	6/6	6/6	Distant			Left eye	✓				
Near ✓	✓	✓	Near								
<b>COLOUR VISION</b> (Please tick) <i>NORMAL</i>						<b>CLINICAL FINDINGS</b> (* TMT to be done if BMI > 28)					
Type of Test (Please specify):						Height (cm)	165	Weight (kg)	63	BMI *	23.1
						Pulse rate (per minute)	74	Rhythm	REGULAR		
						Blood Pressure systolic (mm Hg)	120	Diastolic (mm Hg)	80		
Not tested						Urinalysis: Glucose:	NIL	Protein:	NIL	Blood:	NIL
<b>HEARING</b>											
<b>Pure tone and audiometry</b> (threshold values in dB)						<b>Speech and Whisper Test</b> (metres)					
	500 Hz	1,000 Hz	2,000 Hz	3,000 Hz		<b>Normal</b>		<b>Whisper</b>			
Right ear	✓	✓	✓	✓	Right ear	✓		✓			
Left ear	✓	✓	✓	✓	Left ear	✓		✓			
	Normal	Abnormal			Normal	Abnormal		Normal	Abnormal		
Head	✓		Eye movement	✓	Hernia		✓				
Sinus, nose, throat	✓		Lungs and chest	✓	Anus (not rectal exam)		✓				
Mouth / teeth / oral cavity	✓		Breast examination	N/A	G-U system		✓				
Ears (general)	✓		Heart	✓	Upper and lower		✓				
Tympanic membrane	✓		Skin	✓	Spine (C/C, T/S, L/S)		✓				
Eyes	✓		Varicose Vein	✓	Neurologic (full/brief)		✓				
Ophthalmoscopy	✓		Vascular (inc. pedal pulse)	✓	Psychiatric		✓				
Pupils	✓		Abdomen and viscera	✓	General appearance		✓				
<b>CHEST X-RAY</b> <i>24 MAY 2022</i>						<b>TREADMILL TEST</b> (45 YEARS OLD & ABOVE OR BMI > 28)					
Not performed						Performed on (day/month/year):					
Results: <i>NORMAL &amp; CLEAR</i>											

**Part C – Investigations**

Hepatitis B *1	HB (ab)	+ve	-ve	HB (ag)	+ve	-ve
Bacteriological stool test *2	not performed		negative	positive		
Parasitological stool test *3	not performed		negative	positive		
ECG *4	<i>NORMAL</i>					
*1 required by the Company for all crew from endemic areas						
*2 required by the Company for all food handlers						
*3 required by the Company for all food handlers from tropical climates						
*4 compulsory						
<b>Blood</b>	<b>Result</b>		<b>Normal</b>			
Hemoglobin	15.1	gms/dl	13.5 – 18.0 gms/dl			
Total WBC count	9,300	cells / cu.mm	4000 – 10000 / cu.mm			
ESR	10	mm	Up to 15mm			
Blood Sugar (FBS)	120.0	mg/dl	80 – 140 mg/dl			
HIV *2 (+ve or -ve)	<i>NEGATIVE</i>					
VDRL	<i>NON-REACTIVE</i>					
Others	<i>NORMAL</i>					
Blood Group						

**Spirometry**

Normal With Finding

**USG Abdomen**

Normal With Finding

**Creatine Test**

Normal With Finding

**Pregnancy Test**

Normal With Finding

**Kidney Test**

Normal With Finding

**Assessment of Fitness for service at sea: (please tick)**

On the basis of the seafarer's personal declaration, my clinical examination and diagnostic test results recorded above, I declare the seafarer medically:

✓ Fit for look out duty  
 Visual aid required  
 ✓ Without restrictions

Unfit for lookout duty  
 Visual aid not required  
 With restrictions

Deck Service	✓	Engine Service		Catering Service		Other service	
Fit	MASTER						
Unfit							

**Fit For Duty on Board Ship**

Description of restrictions (e.g. specific position, type of ship, trading area etc.)

**24 MAY 2022**

Date of Issue

Signature of Medical Practitioner

**DR. MD. AYUBUR RAHMAN**  
 M.B.B.S.; P.G.T (Medicine)  
 Taher Chamber  
 Medical Practitioner's name, licence number and address  
 Regn. No. A-11820

**DR. MD. Ayubur Rahman**  
 M.B.B.S., P.G.T (Medicine)  
 Taher Chamber,  
 10, Agrabad C/A, Chittagong  
 Medical Practitioner's name, licence number and address  
 Regn. No. A-11820  
 AND APPROVED BY  
 DG Shipping  
 Govt. of Bangladesh

**VALID FOR TWO YEARS**

This medical certificate shall remain valid for a maximum period of two years unless the seafarer is under the age of 18 or sailing on a Japanese Flag vessel, in which case the maximum period of validity shall be one year.