

Part B – Result of Medical Examinations**EYESIGHT:**

No

Yes

Type

Purpose

Use of glasses or contact lenses

VISUAL ACUITY**VISUAL FIELDS**

Unaided			Aided			Normal		Defective
Right eye	Left eye	Binocular	Right eye	Left eye	Binocular	Right eye	Left eye	
Distant 6/6	6/6	6/6	Distant			✓	✓	
Near	✓	✓	Near					

COLOUR VISION (Please tick)

Type of Test (Please specify):

NORMAL

Not tested

Normal

Doubtful

Defective

CLINICAL FINDINGS (* TMT to be done if BMI > 28)

Height (cm)	167	Weight (kg)	69	BMI *	24.8
Pulse rate (per minute)	78	Rhythm	REGULAR		
Blood Pressure systolic (mm Hg)	125	Diastolic (mm Hg)	80		
Urinalysis: Glucose:	NIL	Protein:	NIL	Blood:	NIL

HEARING**Pure tone and audiometry (threshold values in dB)****Speech and Whisper Test (metres)**

	500 Hz	1,000 Hz	2,000 Hz	3,000 Hz		Normal	Whisper
Right ear	✓	✓	✓	✓	Right ear	✓	✓
Left ear	✓	✓	✓	✓	Left ear	✓	✓

	Normal	Abnormal		Normal	Abnormal		Normal	Abnormal
Head	✓		Eye movement	✓		Hernia	✓	
Sinus, nose, throat	✓		Lungs and chest	✓		Anus (not rectal exam)	✓	
Mouth / teeth / oral cavity	✓		Breast examination	N/A		G-U system	✓	
Ears (general)	✓		Heart	✓		Upper and lower	✓	
Tympanic membrane	✓		Skin	✓		Spine (C/C, T/S, L/S)	✓	
Eyes	✓		Varicose Vein	✓		Neurologic (full/brief)	✓	
Ophthalmoscopy	✓		Vascular (inc. pedal pulse)	✓		Psychiatric	✓	
Pupils	✓		Abdomen and viscera	✓		General appearance	✓	

CHEST X-RAY

Not performed

Performed on (day/month/year):

12 JAN 2022

Results: NORMAL & CLEAR

TREADMILL TEST (45 YEARS OLD & ABOVE OR BMI > 28)

NORMAL

Part C – Investigations

Hepatitis B *1	HB (ab)	+ve	-ve	HB (ag)	+ve	-ve
Bacteriological stool test *2	not performed		Negative	positive		
Parasitological stool test *3	not performed		Negative	positive		
ECG *4	NORMAL					

*1 required by the Company for all crew from endemic areas

*2 required by the Company for all food handlers

*3 required by the Company for all food handlers from tropical climates

*4 compulsory

Blood	Result	Normal
Hemoglobin	15.2 gms/dl	13.5 – 18.0 gms/dl
Total WBC count	8.46 cells / cu.mm	4000 – 10000 / cu.mm
ESR	12 mm	Up to 15mm
Blood Sugar (FBS) *1	120.0 mg/dl	80 – 140 mg/dl
HIV *2 (+ve or -ve)	NEGATIVE	
VDRL	NON-REACTIVE	
Others	NORMAL	
Blood Group	-	

Spirometry

Normal With Finding

USG Abdomen

Normal With Finding

Creatine Test

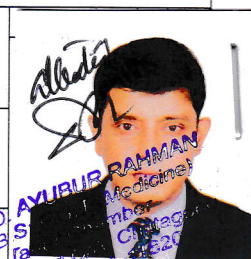
Normal With Finding

Pregnancy Test

Normal With Finding

Kidney Test

Normal With Finding

DR. MD. AYUBUR RAHMAN
M.B.B.S., P.G.T. (Medicine)
Taher Chamber
10, Agrabad C/A, Chittagong**Assessment of Fitness for service at sea: (please tick)**

On the basis of the seafarer's personal declaration, my clinical examination and diagnostic test results recorded above, I declare the seafarer medically:

Fit for look out duty

Unfit for lookout duty

Visual aid required

Visual aid not required

Without restrictions

With restrictions

	Deck Service	Engine Service	Catering Service	Other service
Fit	MASTER			
Unfit				

Fit For Duty on Board Ship

Description of restrictions (e.g. specific position, type of ship, trading area etc.)

12 JAN 2022

Date of Issue

Signature of Medical Practitioner

DR. MD. AYUBUR RAHMAN
M.B.B.S., P.G.T. (Medicine)
Taher Chamber10, Agrabad C/A, Chittagong.
Regn. No. A-11820DR. MD. Ayubur Rahman
M.B.B.S., P.G.T. (Medicine)
Taher Chamber,
10, Agrabad C/A, Chittagong
Medical Practitioner's name, licence number, address
AND APPROVED BY
DG Shipping
Govt. of Bangladesh

This medical certificate shall remain valid for a maximum period of two years unless the seafarer is under the age of 18 or sailing on a Japanese Flag vessel, in which case the maximum period of validity shall be one year.