



**NYK SHIPMANAGEMENT PTE LTD**

1 HarbourFront Place #15-01 HarbourFront Tower One Singapore 098633  
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REPORT OF MEDICAL EXAMINATION OF SEAFARER BY AN APPROVED MEDICAL EXAMINER					
As per ISM / STCW code 1/9, ILO convention 147 and MLC 2006					
<b>Part A</b> – to be completed by the Seafarer who is responsible for answering each question accurately.					
Seafarer's Name in Full (BLOCK CAPITALS) <b>MOHAMMED BELAL UDDIN</b>					Sex: <b>MALE / FEMALE</b>
Date of Birth: day / month / year <b>01-01-1976</b>	Place of Birth: <b>CHATTOGRAM.</b>		Nationality: <b>BANGLADESHI</b>		
Type of ID documents: <b>10/3503</b> SB No. / Passport No: <b>E40370237</b>	Dept./Deck/ Engine / Catering / Others Rank: <b>MASTER.</b>		Type of Ship:		
Home Address: <b>LALKHAN BAZAR, GPO-4100, KHOLSHI, CHATTOGRAM.</b>		Routine and emergency duties: <b>BOTH</b>		Trading area: e.g. coastal / <b>worldwide</b> <b>WORLD WIDE</b>	
Seafarer's Declarations (please tick) – Have you ever had any of the following conditions?					
	Yes	No		Yes	No
1. Eye Vision Problem		✓	13. Allergies		✓
2. High Blood Pressure		✓	14. Severe Headaches		✓
3. Heart Vascular Disease		✓	15. Hernia		✓
4. Hear Surgery		✓	16. Genital Disorder		✓
5. Varicose Veins / Piles *		✓	17. pregnancy <b>N/A.</b>		✓
6. Asthma / Bronchitis		✓	18. Sleep Problem		✓
7. Blood Disorder		✓	19. Restricted Mobility		✓
8. Diabetes		✓	20. Operation / Surgery *		✓
9. Thyroid Problem		✓	21. Epilepsy / Seizures *		✓
10. Digestive Disorder		✓	22. Dizziness / Fainting *		✓
11. Kidney Problem		✓	23. Loss of Consciousness		✓
12. Skin Problem		✓	24. Psychiatric Problems		✓
			25. Depression		✓
			26. Attempted Suicide		✓
			27. Loss of Memory		✓
			28. Balance Problem		✓
			29. Infectious / Contagious Diseases *		✓
			30. Ear (Hearing, Tinnitus / Nose / Throat Problem)		✓
			31. Do you smoke, use alcohol or drugs?		✓
			32. Back or Joint Problem		✓
			33. Amputation		✓
			34. Fracture / Dislocations *		✓
			35. Chicken Pox / Chicken Pox Vaccine *		✓
If you answer "yes" to any of the above questions, please provide details:					
36. Have you ever been signed off as sick or repatriated from a ship?					
					✓
37. Have you ever been hospitalized?					
					✓
38. Have you ever declared unfit for sea duty?					
					✓
39. Has your medical certificate ever been restricted or revoked?					
					✓
40. Are you aware that you have any medical problems, diseases or illnesses?					
					✓
41. Do you feel healthy and fit to perform the duties of your designated position / occupation?					
				✓	
42. Are you allergic to any medication?					
					✓
43. Are you using any non-prescription or prescription medication?					
					✓
If you answer "yes", please list the medications taken, the purpose(s) and the dosage:					

I hereby declare that the personal declaration above is a true statement to the best of my knowledge.

Also, I hereby authorize the release of all my medical records (including my last Seafarer Medical Certificate) from any health professional, health institutions and public authorities to relevant maritime agencies, examining/authorized physician, employer, manning agent.

**Fit For Duty on Board Ship**

**VALID FOR TWO YEARS**

**02 MAY 2024**

Date

Signature of Seafarer

Name and Signature of Witness

**DR. MD. Ayubur Rahman**  
M.B.B.S, P.G.T (Medicine)  
Taher Chamber,  
10, Agrabad C/A, Chittagong  
BMDC Reg. No. A-11820  
AND APPROVED BY  
DG Shipping  
Govt. of Bangladesh



Please Strike out which is NOT APPLICABLE