

Part B – Result of Medical Examinations

EYESIGHT: Use of glasses or contact lenses No Yes Type Purpose

VISUAL ACUITY **VISUAL FIELDS**

Unaided			Aided			Normal		Defective	
Right eye	Left eye	Binocular	Right eye	Left eye	Binocular	Right eye	Left eye		
Distant	6/6	6/6	6/6					✓	
Near	✓	✓	✓					✓	

COLOUR VISION (Please tick)
Type of Test (Please specify): NORMAL

Not tested Normal Doubtful Defective

CLINICAL FINDINGS

Height (cm) 165CM Weight (kg) 74KG BMI 27.2
Pulse rate (per minute) 90 Rhythm REGULAR
Blood Pressure systolic (mm Hg) 125 Diastolic (mm Hg) 80
Urinalysis: Glucose: NIL Protein: NIL Blood: NIL

HEARING
Pure tone and audiometry (threshold values in dB) **Speech and Whisper Test (metres)**

	500 Hz	1,000 Hz	2,000 Hz	3,000 Hz		Normal	Whisper
Right ear	✓	✓	✓	✓	Right ear	✓	✓
Left ear	✓	✓	✓	✓	Left ear	✓	✓

	Normal	Abnormal		Normal	Abnormal		Normal	Abnormal
Head	✓		Eye movement	✓		Hernia	✓	
Sinus, nose, throat	✓		Lungs and chest	✓		Anus (not rectal exam)	✓	
Mouth / teeth / oral cavity	✓		Breast examination <u>N/A</u>			G-U system	✓	
Ears (general)	✓		Heart	✓		Upper and lower extremities	✓	
Tympanic membrane	✓		Skin	✓		Spine (C/C, T/S, L/S)	✓	
Eyes	✓		Varicose Vein	✓		Neurologic (full/brief)	✓	
Ophthalmoscopy	✓		Vascular (inc. pedal pulse)	✓		Psychiatric	✓	
Pupils	✓		Abdomen and viscera	✓		General appearance	✓	

CHEST X-RAY Not performed Performed on (day/month/year): 05 NOV 2024
Results: NORMAL & CLEAR.

TREADMILL TEST (45 YEARS OLD & ABOVE)
NORMAL

Part C – Investigations

Hepatitis B ¹ HB (ab) +ve -ve HB (ag) +ve -ve

Bacteriological stool test ² not performed negative positive

Parasitological stool test ³ not performed negative positive

ECG ⁴ NORMAL

¹ required by the Company for all crew from endemic areas
² required by the Company for all food handlers
³ required by the Company for all food handlers from tropical climates
⁴ compulsory

Blood	Result	Normal
Hemoglobin	<u>14.5</u> gms/dl	13.5 – 18.0 gms/dl
Total WBC count	<u>8,300</u> cells / cu.mm	4000 – 10000 / cu.mm
ESR	<u>20</u> mm	Up to 15mm
Blood Sugar (FBS)	<u>116.0</u> mg/dl	80 – 140 mg/dl
HIV ² (+ve or -ve)	<u>NEGATIVE</u>	
VDRL	<u>NON-REACTIVE</u>	
Others	<u>NORMAL</u>	
Blood Group	<u>-</u>	


Spirometry
 Normal With Finding

USG Abdomen
 Normal With Finding

Creatine Test
 Normal With Finding

Pregnancy Test
N/A
 Normal With Finding

Kidney Test
 Normal With Finding



DR. MD. AYUBUR RAHMAN
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10, Agrabad C/A, Chittagong

Assessment of Fitness for service at sea: (please tick)
On the basis of the seafarer's personal declaration, my clinical examination and diagnostic test results recorded above, I declare the seafarer medically:

Fit for look out duty Unfit for lookout duty
 Visual aid required Visual aid not required
 Without restrictions With restrictions

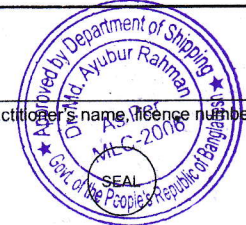
	Deck Service	Engine Service	Catering Service	Other service
Fit	✓			
Unfit	<u>14.0FF</u>			

Description of restrictions (e.g. specific position, type of ship, trading area etc.)
NO RESTRICTIONS

Fit For Duty on Board Ship

05 NOV 2024
Date of Issue
VALID FOR TWO YEARS
07-2024 1528
Signature of Medical Practitioner
DR. MD. Ayubur Rahman
M.B.B.S., P.G.T. (Medicine)
Taher Chamber,
10, Agrabad C/A, Chittagong

Medical Practitioner's name, licence number, address
DR. MD. Ayubur Rahman
M.B.B.S., P.G.T. (Medicine)
Taher Chamber,
10, Agrabad C/A, Chittagong



This medical certificate shall remain valid for a maximum period of two years unless the seafarer is under the age of 18 or sailing on a Japanese Flag vessel, in which case the maximum period of validity shall be one year.