Part B – Result of Medical Examinations

EYESIGHT:

Use of glasses or contact lenses	Yes / No	Type	Purpose
	No		

VISUAL ACUITY

	Unaided			Aided		
	Right eye	Left eye	Binocular	Right eye	Left eye	Binocular
Distant	6/6	6/6	6/6			
Near	✓	✓	✓			

VISUAL FIELDS

	Normal	Defective
Right eye	✓	
Left eye	✓	

COLOUR VISION *(Please tick)*

Type of Test *(Please specify)*: NORMAL.

Not tested ✓ Normal Doubtful Defective

CLINICAL FINDINGS (* TMT to be done if BMI >28)

Height (cm)	170RM	Weight (kg)	62KG	BMI *	21.4
Pulse rate (per minute)	84			Rhythm	REGULAR
Blood Pressure systolic (mm Hg)	120			Diastolic (mm Hg)	75

Urinalysis: Glucose: NIL Protein: NIL Blood: NIL

HEARING

Pure tone and audiometry (threshold values in dB)

	500 Hz	1,000 Hz	2,000 Hz	3,000 Hz
Right ear	✓	✓	✓	✓
Left ear	✓	✓	✓	✓

Speech and Whisper Test (metres)

	Normal	Whisper
Right ear	✓	✓
Left ear	✓	✓

	Normal	Abnormal		Normal	Abnormal		Normal	Abnormal
Head	✓		Eye movement	✓		Hernia	✓	
Sinus, nose, throat	✓		Lungs and chest	✓		Anus (not rctal exam)	✓	
Mouth / teeth / oral cavity	✓		Breast examination N/A			G-U system	✓	
Ears (general)	✓		Heart	✓		Upper and lower	✓	
Tympanic membrane	✓		Skin	✓		Spine (C/C, T/S, L/S)	✓	
Eyes	✓		Varicose Vein	✓		Neurologic (full/brief)	✓	
Ophthalmoscopy	✓		Vascular (inc. pedal pulse)	✓		Psychiatric	✓	
Pupils	✓		Abdomen and viscera	✓		General appearance	✓	

CHEST X-RAY

Not performed Performed on (day/month/year): 31 JUL 2022

Results: NORMAL & CLEAR.

TREADMILL TEST (45YEARS OLD & ABOVE OR BMI > 28)

NOT DONE

Part C – Investigations

Hepatitis B *1	HB (ab)	+ve	-ve ✓	HB (ag)	+ve -ve
Bacteriological stool test *2	not performed		negative	positive	
Parasiticalstool test *3	not performed		negative	positive	
ECG *4	NORMAL				

*1 required by the Company for all crew from endemic areas
*2 required by the Company for all food handlers
*3 required by the Company for all food handlers from tropical climates
*4 compulsory

Blood	Result	Normal
Hemoglobin	14.9% gms/dl	13.5 – 18.0 gms/dl
Total WBC count	8,700 cells / cu.mm	4000 – 10000 / cu.mm
ESR	12 mm	Up to 15mm
Blood Sugar (FBS)	98.0 mg/dl	80 – 140 mg/dl
HIV *2 (+ve or -ve)	NEGATIVE.	
VDRL	NON-REACTIVE.	
Others	NORMAL	
Blood Group	NOT DONE.	

Spirometry Normal ✓ With Findling

USG Abdomen Normal ✓ With Findling

Creatine Test Normal ✓ With Findling

Pregnancy Test N/A. Normal With Findling

Kidney Test Normal ✓ With Findling

Assessment of Fitness for service at sea: *(please tick)*

On the basis of the seafarer's personal declaration, my clinical examination and diagnostic test results recorded above, I declare the seafarer medically:

- ✓ Fit for look out duty
- Unfit for lookout duty
- Visual aid required
- ✓ Visual aid not required
- ✓ Without restrictions
- With restrictions

	Deck Service	Engine Service ✓	Catering Service	Other service
✓ Fit		CH. ENGR.		
Unfit				

Fit For Duty on Board Ship

Description of restrictions (e.g. specific position, type of ship, trading area etc.)

31 JUL 2022

Date of Issue

Signature of Medical Practitioner

DR. MD. AYUBUR RAHMAN
M.B.B.S; P.G.T (Medicine)
Taher Chamber
10, Agrabad C/A, Chittagong.
Regn. No. A-11820

Medical Certificate Number

DR. MD. Ayubur Rahman
M.B.B.S, P.G.T (Medicine)
Taher Chamber,
10, Agrabad C/A, Chittagong
BMDC Reg No: A-11820
AND APPROVED BY
DG Shipping
Govt. of Bangladesh

Medical Practitioners name, licence number, address

This medical certificate shall remain valid for a maximum period of two years unless the seafarer is under the age of 18 or sailing on a Japanese Flag vessel, in which case the maximum period of validity shall be one year.