



**AMERICAN CLUB DECLARATION FORM —2019**

**IMPORTANT:** If medication has been prescribed by the clinic, the seafarers BMI has been found to be between 30 and 32.9, or any other relevant medical condition requiring lifestyle changes has been found, as a condition of issuing this American Club PEME certificate, this form MUST BE completed by the clinic.

American Club Hologram Sticker No. (from first page): \_\_\_\_\_

Doctor's Initials: \_\_\_\_\_

I, MD. SAKIL MONDAL, Seaman's Number T/33162, **Hereby Declare** that I understand that I have been issued an American Club pre-employment medical examination form according to the standards of American P&I club so that I may be employed on the understanding that I will be responsible for taking the following prescribed medication(s) (name(s) of prescribed medication(s)):

.....  
.....  
In addition, the following medical recommendation have been given to me by the doctor for the medical condition of (name(s) of prescribed medication(s))

.....  
.....  
(name of doctor(s), name of clinic, **this physician is required to sign this form at the bottom**)

.....  
has explained to me what my condition is, what medication is required and how this should be administered.

I hereby agree to ensure that I follow taking prescribed medication and following medical recommendation given to me by the doctor and that I will take responsibility for making arrangements to secure the medication during the course of my employment as prescribed. Any additional medical evaluations and testing I may need because of the pre-existing condition are to my responsibility.

My signature below acknowledges my receipt and understanding of this Declaration and I that I had an opportunity to discuss any questions or concerns about this notice with a member of the PEME team and that my noncompliance with this undertaking have been fully explained to me and I confirm that I understand the same.

I have given the original of this Declaration to the medical facility where the American Club pre-employment medical examination form has been issued. I confirm to keep the copy of this Declaration through the term of validity of pre-employment medical examination form.

Seafarer's Signature:

Date: 13 JUL 2025 (mm/dd/yyyy)

Witnessed by:   
**DR. MD. Ayubur Rahman**  
**M.B.B.S, F.G.T (Medicine)**  
**Taher Chamber,**  
**10, Agrabad C/A, Chittagong**  
**BMDC Reg. No. A-11820**  
**AND APPROVED BY**  
**DG Shipping**  
**Govt. of Bangladesh**