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Date of last tetanus shot: _____ (dd/mm/yyyy)
Date of last dental cleaning: _____ (dd/mm/yyyy)
Date of recent dental work: _____ (dd/mm/yyyy)

FEMALES ONLY

Pregnancy Yes Menstrual Problems Yes
Breast Lumps Yes

MALES ONLY

Prostate Problems Yes Penile Discharge Yes
Testicular Lumps Yes

Are you currently under a doctor's care? ND

If Yes, for what problem(s)? _____

Physician(s) Name/Address (if different than noted on page 1): _____

Please list any surgeries/hospitalizations (reason for and date): ND

HABITS

Do you or did you smoke? ND How long? _____ Packs per day? _____

Do you use alcoholic beverages? ND How much/often? _____

Do you use or take any drugs? ND What kinds? _____

Please list prescription and over the counter medications you take regularly:

Would you say that your health is (please check one): ___ Excellent Good ___ Fair

DECLARATION

NAZRUL HAYDER, Seaman's Number TP31216, Hereby Declare that I have made full disclosure of all of my medical history to the Doctors and staff of this Clinic. I am aware that the information supplied by forms the basis upon which I will be offered employment as a Seafarer. I understand that in the event of any misrepresentation either by statement or omission I will lose the right to benefit from sick pay and / or compensation which would otherwise be due under the Contract of Employment or under any Collective Bargaining Agreement. I Also Hereby consent to my medical records being made available upon demand to my employers and/or the Owners and/or Insurers of the Vessel or their authorized representatives.