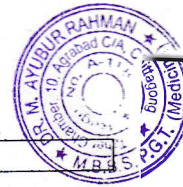


VANGUARD MARITIME LIMITED
MEDICAL HISTORY QUESTIONNAIRE

Dr.'s Initials



Name: TOWSIF AKOAL Date of Birth: 25.11.87
 Address: Road 10 House 114 OR Najam Road P/A - Ctg.
210/484 Seaman Certificate No.: 01782668844 Phone: 031654748
 Employer: Vanguard Maritime Ltd. Vessel: U.V. GREAT ROY Job Title: Chief Mate
 In Emergency, Notify: _____ Relationship: _____ Ph.: _____
 Personal Physician or Clinic: _____
 Address: _____ Physician's Phone: 0233313678 Date: 11.12.22

ALLERGIES: _____

Family History Has anyone in your family ever had:

	Yes	No		Yes	No		Yes	No
Diabetes	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Heart Disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Mental Illness	<input type="checkbox"/>	<input checked="" type="checkbox"/>
High Blood Pressure	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Cancer	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Epilepsy/Seizure	<input type="checkbox"/>	<input checked="" type="checkbox"/>

If "Yes", to any of the above, please explain:

 Any other major conditions?

MALES ONLY		If yes, give details :	FEMALES ONLY	
Yes	No		Yes	No
Prostate Problems	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Pregnancy	<input type="checkbox"/>
Testicular Lumps	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Breast Lumps	<input type="checkbox"/>
Penile Discharge	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Menstrual Problems	<input type="checkbox"/>

Are you currently under a doctor's care? Yes No
 If Yes, for what problem(s)?

 Physician(s) Name/Address (if different than noted on page 1):

 History of surgeries/hospitalizations: Yes No Date: _____
 If yes, give details : _____

Date of last tetanus Vaccination: _____ (dd/mm/yyyy)
 Other Vaccinations . Mention : _____
 Date of last dental cleaning: _____ (dd/mm/yyyy)
 Date of recent dental work: _____ (dd/mm/yyyy)

Do you have or have received treatment for the following:

	YES	NO		YES	NO
Diabetes	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Jaundice or Hepatitis	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Heart Trouble	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Dizziness	<input type="checkbox"/>	<input checked="" type="checkbox"/>
High Blood Pressure	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Back Problems	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Shortness of Breath	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Slipped Disc	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Chest Pain	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Wrist Problems	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Chronic Cough	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Fractured Vertebrae	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Asthma	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Arthritis / Gout	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Tuberculosis	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Kidney Problems	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Rheumatic Fever	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Cancer / Tumor	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Frequent Headaches	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Rash or Skin Problem	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Vision Problems	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Hernia / Hydrocele	<input type="checkbox"/>	<input checked="" type="checkbox"/>
20/20 Vision	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Varicose Veins	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Epilepsy	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Drug Problems	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Hearing Problems	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Mental Breakdown	<input type="checkbox"/>	<input checked="" type="checkbox"/>
Psychological Impairment, Depression or Mental Illness	<input type="checkbox"/>	<input checked="" type="checkbox"/>			
Sexually Transmitted Disease	<input type="checkbox"/>	<input checked="" type="checkbox"/>			

	Yes	No	
Do you or did you smoke?	<input type="checkbox"/>	<input checked="" type="checkbox"/>	How long?
			Packs per day?
Do you use alcoholic beverages?	<input type="checkbox"/>	<input checked="" type="checkbox"/>	How much/often?
Do you use or take any drugs?	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Mention drugs used below :

Are you presently on any medication : Yes No
 If yes, Please list prescription and over the counter medications you take regularly:

Would you say that your health is (please check one): Excellent Good Fair

DECLARATION
 I, Towsif Akoal, Seaman's Number 210/484 Hereby Declare that I have made full disclosure of all of my medical history to the Doctors and staff of this Clinic. I am aware that the information supplied by forms the basis upon which I will be offered employment as a Seafarer. I understand that in the event of any misrepresentation either by statement or omission I will lose the right to benefit from sick pay and / or compensation which would otherwise be due under the Contract of Employment or under any Collective Bargaining Agreement. I Also Hereby consent to my medical records being made available upon demand to my employers and/or the Owners and/or Insurance of the Vessel or their authorized representatives.